

# GENESHA BALI SPA

**Organic elements** are sourced from the vast terrain of the island.

Salt, volcanic sand and seaweed come from the beaches. Volcanic stone and earth from the mountains, flowers, herbs, roots and grains from the ancient fields.

## SPA PACKAGES

### Traditional Balinese Body Ritual

Deluxe spa treatment package

A classic ritual from the Island of the Gods reflecting the sacred balance of Balinese culture, exemplifying Bali as the centre of holistic spa experiences

✿ This ritual begins with a foot soak in warm water and salt, a gentle exfoliation of volcanic sand, lemon grass and coconut oil. Next, your whole body will surrender to a skin tingling body coconut cinnamon scrub, then, to aid in the elimination of toxins and removal of dead skin cells a body mask is applied of grape seed, soya bean, sweet almond, olive, avocado with extracts of ginseng, ginger, essential oils clove and nutmeg.

A shower to rinse, a full body blissful massage awaits. Then drift away in a warm bath combined with cocoa butter enriched Mandi bath foam that is blended with frangipani fragrant oil to refresh tired, dry skin. High velocity jets will be activated to oxygenate the water.

Finally a full body moisturise of cocoa butter, ylang ylang and sandalwood giving you silky, summer skin.

✿ You are now relaxed, refreshed and rejuvenated. Touched by the sacred balance of Bali.

3 hours | 240 IDR (000)

### Sea Mint Detox Body Ritual

Deluxe spa treatment package

Deep cleanse and purge stored toxins with this exquisite combination of the seas mysterious, organic and mineral wealth balanced with the relaxing, yet astringent power of mint

✿ In a shallow bowl of warm water, sea salt and fresh mint, feet are soaked, scrubbed and exfoliated with volcanic sand, coconut oil, lime and mint leaves.

With warm water and sea mint body wash, basil and peppermint oil, you will be whole body bathed then with a mitt towel, excess body wash is removed to make way for a sea mint salt scrub with apricot kernels, corn, peppermint and spearmint essential oils to open pores.

A sea mint body mask of seaweed, oils of peppermint, lemon grape seed, soya, sweet almond, avocado and jojoba is applied to the whole body to be wrapped in a cocoon.

A shower to rinse, a full body massage awaits. Relax your mind and body in a warm sea mint salt crystals bath with epsom salt, sea salt, seaweed, peppermint and spearmint essential oils.

Finally a full body moisturise of seaweed, lemon, basil and peppermint oil moisturiser.

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